

DISCUSSION STARTERS

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DEALING WITH SEXUAL TEMPTATION

In this video, which is an excerpt from a Dare2Share Conference, Greg, Zane and Derwin discuss principles to help students deal with sexual temptation based on the story of Joseph in Genesis 39.

Talk about... Joseph's story.

Joseph was a young stud, attractive in appearance, popular, and good at his job. The boss's wife tried to seduce Joseph, and he refused. When she persisted, he ran. She managed to grab his robe and accused Joseph of molesting her. That landed Joseph in jail. (**Genesis 39**)

What are the three keys that Greg says helped Joseph?

How do you get strong, spiritually?

Which spiritual disciplines are already in place in your life and which ones need a lot of work? (Bible Study, Prayer, Fasting, Journaling, Meditation on God's Word, Solitude)

1 Timothy 4:8 says that while *physical training is of some value, godliness has value for all things, holding promise for both the present life and the life to come.*

How do you get tough, spiritually?

What are some of the boundaries you have now in your life and what boundaries do you need to put into place?

How do you know when you should "get out" of a situation?

Talk about... your "Potiphar's Wife" situations.

What do you need to do to get out of those situations? Why do you think Greg says, don't depend on your parameters (boundaries), depend on God?

1 John 1:9 says that when we confess our sins, God will forgive us and purify us from all unrighteousness. Compare this verse to Greg's statement, "He did not just pay the penalty for your sin—He broke the power of your sin."

INTIMACY

This concept monologue video creatively explores the difference between sex and intimacy. This video clip is one of seven powerful clips from the Good Sex 2.0 curriculum written by Jim Hancock and Kara Powell and published by Youth Specialties.

Sex does not equal intimacy. Intimacy equals intimacy. Intimacy grows between people who trust each other with their deepest natures. Intimacy rejects fakery and shortcuts. There's no such thing as instant intimacy – instant attraction, yes; instant crushes, of course; but real intimacy takes time.

- Sex can be a handy substitute for authentic intimacy.
- There's no question that sex feels intimate.
- Many believe that intimacy leads inevitably to sex.
- What about the possibility of friendship between men and women?
- The Bible describes Christians as brothers and sisters.
- There are things healthy brothers and sisters don't do.

Leader Preparation

We can't lead students where we're not willing to go ourselves. Here are a few questions to consider as you prepare to lead this session on intimacy.

When you were 15, what did you think *intimacy* meant?

Where did you get those ideas?

How have your thoughts about intimacy changed?

What are some words that characterize your most intimate relationships, past and present?

Have you experienced intimacy that seems unhealthy to you now?

What has romance added or subtracted in your experience of intimacy?

What are your future hopes for intimacy?

If you had one hour to talk to kids about intimacy, what would you try to communicate?

Why do you think that's so important?

If you couldn't lecture on the subject, how would you try to communicate during that hour?

Play the Intimacy clip from the DVD, and then discuss:

What idea or phrase stuck with you from that piece?

Why do think that's significant?

Without naming names, do you recognize Sophie's dilemma from observation, or personal experience? Someone who's seen the cycle—tell us how it ends.

Talk about why you agree or disagree with the statement that people sometimes attempt to substitute sex for intimacy.

What's the problem with sexualizing intimacy between friends?