

Integrity And Evangelism: “Life Without Gaps”

In this video excerpt from FCA’s “Unleash The Power” training DVD, professional athletes Drew Brees, Colt McCoy, and LaDainian Tomlinson share how integrity is the basis for sharing Christ with others.

Scripture: 1 Timothy 4:12-16

Opening Question

- As we start, take a second to share your name and whether you enjoy sports.
- If you enjoy sports, what is your favorite sport and team?
- If you don’t, what is your favorite activity?

Some people live for competition and others couldn’t care less. Whether you are a sports fan or not, there are some very powerful lessons we can learn from some of today’s most talented athletes.

Video

Let’s watch this really cool video that features Colt McCoy, Drew Brees, and LaDainian Tomlinson.

Discussion Questions

- How did they define integrity? (Closing the gap between private life and public life.)
- Help me unpack that a little – what does integrity look like in your experience?
- Colt McCoy said that playing with integrity “is doing the best you can the right way.” Can you think of a time when you did something with integrity? How did it go? (Leader: prepare to share a story when you were tempted to cut corners or to cheat.)

Read **1 Timothy 4:12-16**, “Don’t let anyone think less of you because you are young. Be an example to all believers in what you say, in the way you live, in your love, your faith, and your purity...Give your complete attention to these matters. Throw yourself into your tasks so that everyone will see your progress. Keep a close watch on how you live and on your teaching. Stay true to what is right for the sake of your own salvation and the salvation of those who hear you.”

Let’s look at a couple of things Paul tells us in this passage.

- *Age doesn’t matter.* So many people think that you have to be an adult to “share your faith.” Paul says that no matter what your age, you can be an example. What ways does he say that a young person can be an example?
- *Living a life of integrity can lead people to Christ.* Look again at the end of that passage: “Stay true to what is right for the sake of your own salvation and the salvation of those who hear you.” People don’t really care if you know all 66 books of the Bible or how many disciples Jesus had. People want to know if your faith is real. Does it help you make better decisions? Does it help you when things go wrong? They want to know if your faith *works*. Paul says that when they see your faith, they will want that faith too.

Closing

I challenge you to live with integrity. Do the best you can the right way, and allow God to use you to share His love with everyone you meet.

