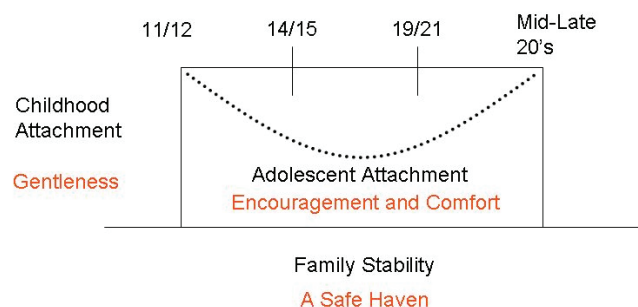


HURT GUYS, HURT GIRLS

In this video excerpt from *The Hurt Conference*, Dr. Chap Clark (Professor of Youth, Family, and Culture at Fuller Theological Seminary) speaks to a mainstream audience of parents and educators about the needs of "hurt" adolescents in our culture. This twenty minute excerpt could be a very strong foundation for a meeting with the parents of the students your youth ministry. Chap speaks on this subject throughout the year and can be booked at special events. For more information go to chapclark.com.

When kids are honest about their lives, we find that they feel as if everyone's got an agenda for them. Everyone has an idea about what they should do, be, and become. They feel abandoned by their parents and other adults in their lives.

- How do you react to those statements?
- Do you feel that kids are spoiled or do you think we have abandoned them?
- Are we ever able to fully drop our own agendas with our kids?



Chap said that **kids find worth within three areas:**

1. Family Stability: A Safe Haven
2. A sense of attachment which moves from Gentleness in childhood and develops into Encouragement and Comfort in adolescence.
3. Create them to be Individuated, Independent, Healthy, Powerful People.
 - Did these three make any impact on you?
 - Did things come to your mind that spoke directly to you?
 - If there was one thing that needs to be focused on in your house, what would it be and why?

Chap identifies **the role of parents in three areas:**

1. To Offer Compassion (Begin and End with Compassion)
 - How do you show compassion to your children?
 - Does your child feel that you have compassion about their life experiences?

2. To Provide Boundaries

- Are you more of the person who sets absolute and solid boundaries or do you adapt your boundaries to the individual child?
- Which is better?
- What boundaries do you have?

3. To Chart and Guide The Course

- In what ways do you guide and work with your child as they navigate their teenage years?
- In what ways are you currently falling short and feel you could do better?

As you heard Chap say "Don't do it alone", he gives us the encouragement to gather up other caring adults to be in the lives of our children. Each child needs 5 adults who care and who are reinforcing character in their life. Who are the five people you are partnered with in your child's life right now?

1. _____
2. _____
3. _____
4. _____
5. _____

If you have blanks, it's your responsibility to make sure those get filled in order to add 'Convergence' and 'Congruence' to your child's life.

In terms of boundaries, Chap tells us to do the "Dance of Negotiation," have a "Tapestry of Consequences," and to go with the "Drama of Authentic Relationships."

- Out of these three, which one are you most comfortable with carrying out?
- Which one are you most challenged by and why?
- What is your experience in these three boundaries?

To end this video segment, Chap gave a list of "Six Specific Ways to Understand and Boundary."

- What stood out to you in this list?
- Did you hear anything new or something you need to work on as a family?

How can the church help you to reach "The Ultimate Goal of Parenting"?

"To care in such a way that your child is convinced that he/she is fully capable of making a positive impact on the world."